

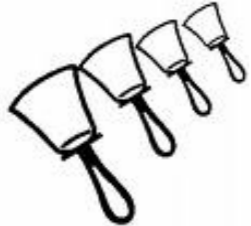






# JULY Activities

	Wednesday	Thursday	Friday	Saturday
<p>❁ Attendance at these events is by invitation or special request of Resident</p> <p>☼ Outings</p> <p>% Outings with The Gardens at Fair Oaks</p> <p>☆ Jewish Programming</p> <p>† Christian Programming</p> <p>1sol = First Floor Solarium 3= Third Floor Dining Room 3sol= Third Floor Solarium 4= Fourth Floor Activities Room 4DR= Fourth Floor Dining Room 4sol= Fourth Floor Solarium</p> <p>Core Activities Hours are at 10:15, 2:15, 4:15 and 7:00 pm</p> <p>Core Activities consist of groups of 15 or more residents. Smaller groups and individual visits occur between core activity hours.</p> <p><u>Gathering times are at the quarter hour. Programs begin on the half-hour.</u></p>	<p><b>1</b></p> <p>9:15 Come Along Club, All Floors</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>☼ 11:00 <u>Men's Club Lunch Outing</u></p> <p>☼ % 1:30 <u>Outing: Walmart</u></p> <p>2:00 Bridge, 3</p> <p>2:15 Marshmallow Toss, 4</p> <p>4:15 Music w/ David Herpy &amp; Gene Morlan, 4</p> <p>7:00 Evening Movie</p>	<p><b>2</b></p> <p>9:15 Come Along Club, All Floors</p> <p>10:15 Bingo, 4</p> <p>† 2:15 Rosary, 4</p> <p>2:15 Sports Bowl, 3</p> <p>4:15 Spelling Bee, 3</p> <p>7:00 Evening Movie</p> 	<p><b>3</b></p> <p>9:15 Come Along Club, All Floors</p> <p>† 9:30 Eucharist w/ St. Leo's, All Floors</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>2:15 Friday Social: Snack &amp; Chat, 3</p> <p>4:15 Scattergories, 3</p> <p>† 4:15 Bible Study w/ Chaplain Norma, 4</p> <p>7:00 Evening Movie</p>	<p><b>4</b></p> <p><b>FOURTH OF JULY</b></p> <p>10:00 Fairfax County 4<sup>th</sup> of July Parade &amp; Chair Decorating, 4</p> <p>2:15 4<sup>th</sup> of July Matinee &amp; Party, 4</p> <p>7:00 Evening Movie</p> 

# JULY Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>5</b>            † 10:15 Sunday            Worship w/ Jubilee            Christian Church,            3</p> <p>2:15 Bingo, 4</p> <p>4:15 Name the            Decade, 3</p> <p>7:00 Evening            Movie</p>	<p><b>6</b>            9:15 Come Along Club,            All Floors</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>2:15 Music w/ Len            Anton &amp; Gene Morlan,            3</p> <p>4:15 FNC Handbell            Choir Performance, 4</p> <p>7:00 Evening Movie</p> 	<p><b>7</b>            9:15 Come Along Club,            All Floors</p> <p>10:15 News Currents,            4</p> <p>2:15 Fun &amp; Fitness, 3</p> <p>4:15 Scrabble Club, 3</p> <p>7:00 Evening Movie</p>	<p><b>8</b>            9:15 Come Along Club,            All Floors</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>☼ 1:30 <u>Outing: Country            Ride</u></p> <p>2:00 Bridge, 3</p> <p>2:15 Parachute Ball, 4</p> <p>4:15 Music w/ David            Herpy &amp; Gene Morlan,            4</p> <p>7:00 Evening Movie</p> 	<p><b>9</b>            9:15 Come Along Club,            All Floors</p> <p>10:15 Morning Coffee            &amp; Chat, 3</p> <p>† 10:15 Episcopal            Service, 4</p> <p>☼ 11:00 <u>Lunch Outing:            Chinese</u></p> <p>2:15 Resident's            Choice, 3</p> <p>4:15 Crossword            Puzzle, 4</p> <p>7:00 Evening Movie</p>	<p><b>10</b>            9:15 Come Along Club,            All Floors</p> <p>† 9:30 Eucharist w/            St. Leo's, All Floors</p> <p>10:15 Piano w/ Laura            Hills, 4</p> <p>2:15 Friday Social: Pie            &amp; Coffee Social, 3</p> <p>4:15 Advice to Dear            Abby, 3</p> <p>7:00 Evening Movie</p> 	<p><b>11</b>            10:15 Fun &amp;            Fitness, 3</p> <p>2:15 Bingo, 4</p> <p>4:15 Geography            Trivia, 3</p> <p>7:00 Evening            Movie</p> <p>Family Support            Meeting 2-3pm            Main Floor            Solarium</p>






# JULY Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>12</b></p> <p>† 10:15 Sunday Worship w/ Chaplain Norma, 3</p> <p>2:15 Sunday Movie Matinee, 4</p> <p>7:00 Evening Movie</p> 	<p><b>13</b></p> <p>9:15 Come Along Club, All Floors</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>2:15 Painting w/ Watercolors, 4</p> <p>4:15 Classic TV; Resident's Choice, 4</p> <p>7:00 Bingo w/ the Knights of Columbus, 4</p>	<p><b>14</b></p> <p>9:15 Come Along Club, All Floors</p> <p>10:15 Bingo, 4</p> <p>10:15 Gospel Sing w/ Chaplain Norma, 3</p> <p>2:15 Piano w/ Mr. Anton, 3</p> <p>4:15 Scrabble Club, 3</p> <p>7:00 Evening Movie</p>	<p><b>15</b></p> <p>9:15 Come Along Club, All Floors</p> <p>☼ 10:00 <u>Outing:</u> <u>Country Ride</u></p> <p>10:15 Fun &amp; Fitness, 3</p> <p>2:00 Bridge, 3</p> <p>2:15 Do You Remember the Product ?, 4</p> <p>4:15 Music w/ David Herpy &amp; Gene Morlan, 4</p> <p>7:00 Bingo w/ The Lion's Club, 4</p>	<p><b>16</b></p> <p>9:15 Come Along Club, All Floors</p> <p>☼ 10:00 <u>Outing:</u> <u>Country Ride</u></p> <p>10:15 Morning Coffee &amp; Chat: Bastille Day, 3</p> <p>† 2:15 Rosary, 4</p> <p>2:15 Bastille Day "Waiters' Races", 4</p> <p>† 4:00 Memorial Service, 4</p> <p>4:00 Bingo, 3</p> <p>7:00 Evening Movie</p>	<p><b>17</b></p> <p>9:15 Come Along Club, All Floors</p> <p>† 10:15 Catholic Mass, 4</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>2:15 Friday Social: Pasta Tasting, 3</p> <p>4:15 Special Interest Video, 4</p> <p>† 4:15 Bible Study w/ Chaplain Norma, 4</p> <p>7:00 Little Angels Orchestra, 4</p>	<p><b>18</b></p> <p>10:15 Fun &amp; Fitness, 4</p> <p>2:15 Trivia, 3</p> <p>4:15 Games w/ The Bala Vikas, 4</p> <p>7:00 Evening Movie</p> 

# JULY Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>19</b></p> <p>† 10:15 Sunday Worship w/ McLean Presbyterian Church, 3</p> <p>2:00 Sunday Matinee, 4</p> <p>7:00 Evening Movie</p> 	<p><b>20</b></p> <p>9:15 Come Along Club, All Floors</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>2:15 Music w/ Len Anton &amp; Gene Morlan, 4</p> <p>4:15 Handbells w/ Sally, 4</p> <p>7:00 Evening Movie</p>	<p><b>21</b></p> <p>9:15 Come Along Club, All Floors</p> <p>10:15 News Currents, 4</p> <p>†11:45 Prayer Luncheon w/ Chaplain Norma, 4</p> <p>2:15 Bingo, 4</p> <p>4:15 Scrabble Club, 3</p> <p>7:00 Evening Movie</p>	<p><b>22</b></p> <p>9:15 Come Along Club, All Floors</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>☼ 11:00 <u>Lunch Outing: Chinese</u></p> <p>2:00 Bridge, 3</p> <p>2:15 Uno, 4</p> <p>4:15 Music w/ David Herpy &amp; Gene Morlan, 4</p> <p>7:00 Evening Movie</p> <p>Special Care Support Group The Gardens 7:00-8:30 pm</p>	<p><b>23</b></p> <p>9:15 Come Along Club, All Floors</p> <p>10:15 Morning Coffee &amp; Chat, 3</p> <p>† 10:15 Episcopal Service, 4</p> <p>☼ 1:30 <u>Outing: Country Ride</u></p> <p>2:15 Dominoes, 3</p> <p>4:15 Let's Laugh, 3</p> <p>7:00 Evening Movie</p>	<p><b>24</b></p> <p>9:15 Come Along Club, All Floors</p> <p>† 9:30 Eucharist w/ St. Leo's, All Floors</p> <p>10:15 Stories Out of the Hat, 3</p> <p>2:15 Friday Social: Taste Tropical Fruits &amp; Juices, 3</p> <p>4:15 Musical Balloon Trivia, 4</p> <p>7:00 Evening Movie</p> 	<p><b>25</b></p> <p>10:15 Bingo, 4</p> <p>2:15 Pass the Face, 3</p> <p>4:15 Play Wii, 4</p> <p>7:00 Evening Movie</p>

# JULY Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>26</b>            † 10:15 Sunday            Worship with            Clifton Church, 3</p> <p>2:00 Sunday            Matinee, 4</p> <p>7:00 Evening            Movie</p>	<p><b>27</b>  <u>Rain Forrest Week</u></p> <p>9:15 Come Along            Club, All Floors</p> <p>10:15 Arts &amp; Crafts:            Make Rain Forrest            Leis, 4</p> <p>2:00 Bridge, 3</p> <p>2:15 "Simon Says"            Goes Around the            World, 3</p> <p>4:15 Video: The Rain            Forrest, 3</p> <p>7:00 Evening Movie</p> 	<p><b>28</b>            9:15 Come Along Club,            All Floors</p> <p>☼ 10:00 <u>Outing:</u>  <u>Country Ride</u></p> <p>10:15 Fun &amp; Fitness, 3</p> <p>2:15 Rain Forrest            Bingo, 3</p> <p>4:15 Scrabble Club, 3</p> <p>7:00 Evening Movie</p> 	<p><b>29</b>            9:15 Come Along Club,            All Floors</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>2:15 Rain Forrest            Party, 4</p> <p>4:15 Music w/ David            Herpy &amp; Gene Morlan,            4</p> <p>7:00 Evening Movie</p> 	<p><b>30</b>            9:15 Come Along Club,            All Floors</p> <p>10:15 Rain Forrest            Bingo, 3</p> <p>☼ 1:30 <u>Outing:</u> <u>Country            Ride</u></p> <p>† 2:15 Rosary, 4</p> <p>2:15 Team Trivia Visits            The Rain Forrest, 4</p> <p>4:15 What's in My            Back Pack, 3</p> <p>7:00 Evening Movie</p> 	<p><b>31</b>            9:15 Come Along Club,            All Floors</p> <p>† 9:30 Eucharist w/            St. Leo's, All Floors</p> <p>10:15 Fun &amp; Fitness, 3</p> <p>2:15 Friday Social:            July Birthday Party, 3</p> <p>4:15 Treasure Hunt w/            Mystery Bucks, 4</p> <p>7:00 Evening Movie</p> 	<p style="text-align: center;">Say            Good-            bye to            July,            Here            Comes            August!</p>

# FNC Activities

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## For Your Information

**If you are interested in attending an outing, please contact Activities to sign up. Attendance to an outing is first come first serve and based on number of previously attended outings during the month.**

**Activities is also available to take you out to enjoy the weather. Please contact the department and staff will arrange a time with you.**

**Please don't hesitate to contact us for anything. We are able to provide reading material, movies, cards and games for use in room. We also provide friendly visits if you would like to chat. Activities Extension 3261.**

**Have a great month!**

**-Moira Schuhart, Director of Activities 703-667-9800 x4010**

